



# RECYCLING GUIDE

## PAPER

OFFICE PAPER  
CARDBOARD  
NEWSPAPER  
PHONE BOOKS  
MAGAZINES  
CEREAL BOXES  
GROCERY BAGS

## GLASS

BEER & WINE BOTTLES  
DRINK CONTAINERS  
FOOD JARS

## METAL

SODA CANS  
VEGETABLE CANS  
SOUP CANS  
PET FOOD CANS

## PLASTICS

*check with your city's recycling program to find out which plastic categories are accepted.*

**1**

DRINK CONTAINERS  
SALAD DRESSING BOTTLES  
PEANUT BUTTER JARS

**2**

MILK JUGS  
JUICE & WATER BOTTLES  
GROCERY BAGS  
SHAMPOO BOTTLES

**3**

NON-FOOD PACKAGING  
PLASTIC WRAP

**4**

FLEXIBLE PLASTIC  
CONTAINER LIDS  
GROCERY BAGS

**5**

DAIRY FOOD CONTAINERS  
MICROWAVEABLE  
FOOD CONTAINERS

**6**

EGG CARTONS  
PACKING PEANUTS

**7**

BABY BOTTLES  
EYEGLASS LENSES



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